



NCAA REQUIREMENTS GUIDE

Bridgeway HOMESCHOOL
ACADEMY

Love Learning With Us

You know what it is like to play by the rules to achieve success.

You are working hard to balance becoming an elite athlete with the demands of a high school career so you can live your dream. But did you know that you may be disqualified if you do not know the rules for playing the college athlete's game? If you want to compete at a Division I or II college, NCAA eligibility is your ticket. No need to be overwhelmed or nervous, because we are on your team! Here are the essentials you need to know to pursue your athletic dreams beyond high school.



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WHO IS NCAA?

The National Collegiate Athletic Association, also known as the NCAA, is a non-profit association that regulates the athletics for many colleges and universities in the United States. This organization ensures that student-athletes are committed to both athletic and academic achievement in high school, something that is critical to their success in college.

The NCAA was founded on the principle that student-athletes are students first. NCAA works with over 1,000 colleges and universities, ensuring the health and safety of student-athletes and college athletic programs. If you want to play for a Division I or II college, you will need to know more about NCAA eligibility rules and meet them. Eligibility rules include course requirements, SAT/ACT minimum scores, and overall GPA requirements.

To learn more about
NCAA members,
divisions and more
[Click here](#)

WHY DOES NCAA MATTER TO ELITE ATHLETES?

You know the importance of training and practicing so that, when the moment comes, you are physically and mentally ready to succeed. NCAA requirements are similar in that they prepare you academically for the challenges you will face as a college athlete. When you are on an athletic team at the collegiate level, you will be required to juggle practices, workouts, games, and more, while maintaining the needed grade point average for graduation.

NCAA requirements in high school help train you to be independent, hardworking, and focused academically, so when you reach college, you will be able to handle the pressure of athletic and academic demands. Most importantly, you simply will not be allowed to play if you do not meet eligibility requirements!

Learn more about how NCAA supports athletes both during and after college by [clicking here.](#)

HOW TO HOMESCHOOL AND REMAIN NCAA ELIGIBLE

As a homeschool athlete, it is important to know that you can meet NCAA eligibility without having to go to a traditional school. And that can be to your advantage, because homeschooling gives you more time to devote to training and competition than those who sit at a desk for 8 hours a day. But it is important that you understand what credits and requirements you must meet to stay eligible.

This is why having the help of an Academic Advisor with Bridgeway Academy is so beneficial. You will not have to worry about whether your curriculum or course is right for you, whether you've met the core course requirements, or whether your GPA is good enough to get you on the field at the college of your dreams. That's our job! Your NCAA-expert Bridgeway Advisor will help you choose courses that work for NCAA students, keep track of your credits, check in with you daily, and give tutoring sessions to ensure you reach your academic goals!

Learn more
about academic
eligibility
requirements
[here!](#)

WHEN SHOULD I START CONSIDERING NCAA

If you want to take the field at the college of your dreams, you have to start ensuring you are NCAA eligible throughout high school, which means starting in 9th grade. Know that each grade will have specific requirements you must meet.

Grade 9- Research what you need. Take time now to research each and every class you will need in your high school years and create a schedule to follow.

Grade 10- Register with NCAA. You must show that you are taking the approved courses and taking steps to meet their requirements.

Grade 11- Study, study, study! Make sure you are making the grades you need, and take your ACT and SAT tests. Know that your ACT and SAT scores need to validate the grades you are receiving in your homeschool courses. Academic success in courses should mean success on these important tests.

Grade 12- Graduate! If you need to retake the ACT or SAT to get a better score, make sure you do this at the beginning of the year.

[Click here](#) to see
NCAA's official
formula for success
and staying on track!

WHAT ARE THE NCAA REQUIREMENTS?

To ensure you can participate in collegiate sports, you will need to check off each of these eligibility requirements. Working with a partner like Bridgeway Academy means you will have the help and support you need at each stage of this journey.

- Register with the NCAA at eligibilitycenter.org.
- Pay your NCAA registration fee.
- Follow NCAA regulations for credits and coursework throughout your high school career. Your Bridgeway Academic Advisor will help ensure you meet academic eligibility by helping you map out your course plan. Find out more about academic eligibility requirements [here](#).
- When it is time, register to take the SAT/ACT using the NCAA code 9999 to ensure your test scores are reported to NCAA.
- Contact your Bridgeway Academy Advisor to submit an official transcript showing your academic eligibility. We will make sure you've chosen the right courses and have the credits you need! Bridgeway will also submit your proof of graduation.
- Submit core-coursework sheets for English, Math, Social Studies, Sciences, Foreign Language, and Comparative Religion or Philosophy courses. Your Bridgeway Advisor will provide these worksheets and walk you through the process of completing them.



Reaching the podium and the college of your dreams is attainable by following the NCAA requirements. With a homeschool academy to give you support, expert guidance, and flexibility, you can rest assured that your future is wide open!

So, how do you begin? A great place to start is to get to know yourself. The Bridgeway Learning Style Assessment will help you understand how you learn best, what motivates and inspires you, and the learning environment that works best for you. Because we know that academic success looks different for every student athlete, we would like to offer you the opportunity to get to know yourself a bit better.

**TAKE OUR
LEARNING
STYLE
ASSESSMENT
TODAY!**



TAKE THE NEXT STEP AND ENROLL NOW!

Or call 800-863-1474 to speak with an Admissions Representative

If you would like to learn more about our NCAA Elite Online Program, visit

[BridgewayAcademy.com/elite!](http://BridgewayAcademy.com/elite)

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